

RAKAA- Student Voice Top Tips for Effective Distance Learning

Tell us about your experiences of Distance Learning and give advice to support the whole- school community.

**I have set my learning environment up in my...
 This has helped me because...**

- **Living Room-** I can easily ask others for help
- **Dining Room-** It's the biggest room in the house
- **Bedroom-** This is where I am most comfortable
- **Study Area-** It separates work from relaxation
- **Garden-** It lets me breathe in fresh air
- **Next to a window-** It is bright and airy, I can see nature and the outside world

I have found it effective when I...

- Eat breakfast before the school day**
- Take an online learning styles quiz to see how I learn best**
- Study in a quiet place without any distractions**
- Plan my day using a study timetable**
- Exercise each day**
- Take short breaks between lessons**
- Ask my teachers for help**
- Perform relaxation and mindfulness activities**
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I have found it effective when my parents...

- **Take an interest in the work I am doing**
- **Set me weekly targets and monitor them**
- **Provide me with a reward scheme to inspire me to do my best**
- **Are aware of my schedule**
- **Encourage me to try harder work**
- **Ensure that I have breaks**
- **Keep my study area quiet and get rid of distractions**
- **Make us eat as a family together at the table, talking about lots of different things**
- **Teach me how to do jobs around the house that I wouldn't usually do**

I have found it effective when my teachers...

- **Provide clear and concise instructions**
- **Set a task and then let me work on it**
- **Are available to answer any questions**
- **Praise me and tell me how to improve**
- **Understand that sometimes technology prevents me from submitting work by a deadline**
- **Provide exemplar answers as guidance**
- **Use images, videos and save resources used**
- **Provide me with additional resources for me to learn by myself**
- **Ask me questions directly**
- **Use a variety of learning activities**
- **Understand that I have a lot of work to do from all of my subjects and be more flexible with deadlines**

**I WANT TO
 INSPIRE
 PEOPLE.
 I WANT SOMEONE TO
 LOOK AT ME AND SAY
 "BECAUSE OF YOU
 I DIDN'T GIVE UP."**

Try out some of these tips but ultimately, do what works best for you!